



# Kid's Kaleidoscope

Country of the Month

## Mozambique

Africa



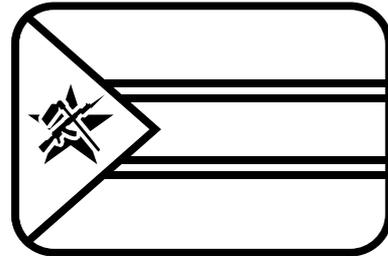
### CONVERSATION CENTRAL

There was a lot of destruction during the time when Cyclone Freddy was over the African coastline.

Who did God use to help those most affected by the Cyclone? What did they do? When you help others what lessons do you learn?

When these types of natural disasters happen, the church begins to pray. Now we can look back and see how God answered those prayers. What are some ways those prayers were answered in Mozambique? How can you keep praying for our Nazarene family there?

### COLOR THE FLAG



The Mozambique flag has three large stripes: green represents the riches of the land, black the African continent, and yellow the country's minerals. Two smaller white stripes represent peace and the red triangle stands for the struggle for independence. It also has symbols that represent vigilance, agriculture, and the importance of education.

### ON MISSION

It has been a while since Cyclone Freddy hit Mozambique. Imagine that you have been invited to go to the area most affected by the cyclone. Think about what it means to lose everything. Your job is to encourage the people and to help with the rebuilding of their community. What are some things you can pack in your backpack and suitcase that could help you in this important mission?

Make a list or draw what you need in your travel bags for your mission.



# KALEIDOSCOPE PAGE

**Question:** Do you know what a Cyclone is?

**Answer:** It is a large air mass that rotates around a strong center of low atmospheric pressure, counterclockwise in the Northern Hemisphere and clockwise in the Southern Hemisphere. Pretty Interesting!

If you have ever lived through a cyclone or even a tornado, you know that the outer edges of the storm are where it can be the most dangerous, but in the center it is calm. It might even make you think the storm is over. A cyclone is a good reminder of what our life is like without Jesus. If we are far away from Him our lives and things around us can be out of control and even dangerous. But when we have Jesus in the center of our lives, He is our calm. It doesn't mean there isn't a storm raging around us, it just means that He is in control and He is our refuge in difficult times. Sometimes others will invite Jesus into their lives because of the storm.

As you color your Kaleidoscope page draw some things in the outer edges that represent a storm!  
Remember Jesus is the calm at the center and He has it all under control. Trust in Him!



God is our refuge and strength, an ever-present help in trouble.

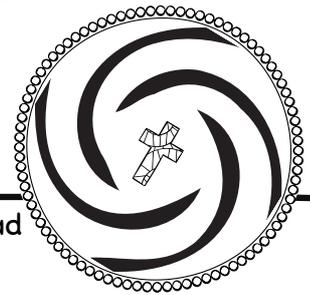
Psalm 46:1 NIV

# KIDS KALEIDOSCOPE RECIPE



## Pão

Mozambican Bread Rolls



Pão are a delicious Mozambican version of Portuguese bread rolls, made by local artisan village bakers, in the simplest manner, in wood-fired ovens.

### INGREDIENTS

- 1kg – 2.2lbs of flour
- 5.69grams – 1tsp of salt
- 1 small sachet of dry yeast about 10g – .35oz
- Enough water to make a sticky dough



Utensils: large bowl, dishtowel, baking tray

### PREPARATION

1. Mix all ingredients together in a large bowl until the dough is not so sticky (about 6 minutes).
2. Cover with a dishtowel and leave to rise for about an hour.
3. Take the dough out of the bowl, knead with oiled or floured hands (knead means to work and press the dough with your hands), cover and let rise a second time.
4. Pre-heat oven to about 220°C – 425°F. You need a very hot oven.
5. Once dough has risen a second time, tip it out of the bowl onto a clean flat surface and start breaking off pieces, making them into fist-sized balls. Place them on a floured baking tray.
6. Have an adult help you slit each ball/roll across the top with a very sharp knife and sprinkle them with flour.
7. Once slightly risen again, place in hot oven for about 15 minutes. Once you can smell the bread, and it is golden brown have an adult help you take it out of the oven and let cool on the baking tray. Enjoy your Pão

#### DID YOU KNOW?

Pão is simply 'bread' in Portuguese which is the main language spoken in Mozambique.

Bread is a very important part of our Christian life. We remember Jesus dying on the cross when we take communion and we break bread, which represents His body. We pray Lord give us this day our daily bread, which comes from reading the Bible, His Word. As you make this simple bread and share it with family and friends remember all that Jesus has done for you and how He was present in a time of need for our friends in Mozambique. Jesus is the bread of life, just like we share bread, lets not forget to share Jesus, even in the hard times!

[Click here](#) to listen to The Lord's Prayer in 11 different Languages